

SOARCON 2025, Kolkata

Registration with : www.soarcon2025.in

Friday: 4th July 2025, Kolkata

Workshops

Date	Time & Venue	Topic	Convener
04.07.2025	09:00am INK	Imaging in Osteoarthritis	Dr. Bhaskar Dasgupta
04.07.2025	09:00am INK	Physical and occupational therapy in Osteoarthritis	Dr. Henry Prakash & Dr. Suparno Gangopadhyay
04.07.2025	09:00am IPGME&R	Soft tissue Rheumatism	Dr. B G Dharmanand
04.07.2025	09:00am IPGME&R	Intervention in Osteoarthritis	Dr. Rajesh Pramanik

Faculty dinner : 07:00pm (ITC Sonar, Kolkata)

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Venue: ITC Sonar, Kolkata

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Saturday: 5th July 2025

Time	Topic	Speaker
08:55am	Welcome address	
	Session I: Neurology and osteoarthritis	
09:00am – 09:20am	Neuroinflammation & Pain: Beyond Immune Cells	Dr Sourav Pradhan Consultant Rheumatologist, Kolkata
09:25am – 09:45am	Psychosocial factors in osteoarthritis: Chemical changes, causation and effect.	Dr Ritasman Baisya Rheumatologist, AIIMS, Kalyani
09:50am – 10:10am	Neurological dysfunction and effect of antiepileptic and antidepressants in OA.	Dr Harsh L Jain Consultant Rheumatologist, Nagpur
	Session II: Images in osteoarthritis	
10:15am – 10:35am	Bone morphology changes in Osteoarthritis: reliable indicator of Structural Progression?	Dr Gautam Raj Panjabi Consultant Rheumatologist, Indore
10:40am – 11:00am	Recent advances in imaging in OA: diagnosis to prognosis	Dr. Srijita Ghosh Consultant Radiologist Appollo Multispecialty Hospital, Kolkata
11:05am – 11:25am	Emerging imaging Biomarkers in early Osteoarthritis: beyond MRI	Dr. Bhaskar Dasgupta Consultant Rheumatologist, Southend Hospital, UK
	Session III: Inflammation in osteoarthritis	
11:30am – 11:50am	Inflammation in osteoarthritis: its presence and involvement in pathogenesis.	Dr. Ankit Patwari Consultant Rheumatologist, Guwahati
11:55am – 12:15pm	Inflammatory markers in OA: biochemical, clinical and radiological.	Dr Jyoti Ranjan Parida Consultant Rheumatologist, Bhubaneswar
12:20pm – 12:40pm	Disease modifying anti-inflammatory therapy in osteoarthritis: options and challenges	Dr. Padmanabha Shenoy Consultant Rheumatologist, Cochin
12:45pm – 01:05pm	Targeted therapy in Osteoarthritis	Dr Bimlesh D Pandey Consultant Rheumatologist, New Delhi

01:05pm - 02:00pm	Lunch	
	Session IV: Physical and supportive therapy in osteoarthritis	
02:00pm – 02:20pm	Therapeutic rehabilitation in Osteoarthritis	Saumen Kumar De Physiatrist, NRS Medical College, Kolkata
02:25pm – 02:45pm	Osteoarthritis in sports medicine	Dr Ushnish Mukherjee Physiatrist, Sports Medicine Unit IPGMER, Kolkata
02:50pm – 03:10pm	Orthotics in Knee osteoarthritis: A clinical approach	Dr. Raj Kumar Head, Dept. of PMR, IGIMS, Patna
	Session V: Real life issues in osteoarthritis	
03:15pm – 03:35pm	Sex and osteoarthritis	Dr Pooja Dhaon President, SOAR
03:40pm – 04:00pm	Repurposing of drugs in Osteoarthritis: DMARDs, anti-osteoporotics and OHA	Dr Mavidi Sunil Kumar Consultant Rheumatologist, Vizag
04:05pm – 04:25pm	Osteoarthritis and eye	Dr. Pampa Halder Consultant Ophthalmologist, R G Kar Medical College, Kolkata
04:30pm – 04:50pm	Big data processing: evolution of Artificial Intelligence in Osteoarthritis	Dr. Sakir Ahmed Consultant Rheumatologist KIMS, Bhubaneswar
	Session VI: Osteoporosis and osteoarthritis	
04:55pm – 05:15pm	Osteoporosis and osteoarthritis: A historical perspective	Dr Kaushik Chowdhury Head, Department of Rheumatology University Hospital, Coventry, UK
05:20pm – 05:40pm	The relationship between osteoarthritis and osteoporosis	Dr. Kaustav Bhowmick Consultant Rheumatologist North Bengal Medical College, Siliguri
05:45pm – 06:05pm	Optimization of bone health in patients waiting for joint replacement surgery	Dr Sujay Ghosh Consultant Endocrinologist, IPGME&R, Kolkata
06:10pm	GB Meeting of SOAR	
07:00pm	Inauguration	
07:15pm	Cultural program	
08:00pm	Dinner	

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Sunday : 6th July, 2025

Time	Topic	Speaker
	Session I: Metabolic syndrome and osteoarthritis	
09:00am – 09:20am	Metabolic Players in the osteoarthritis	Dr Prasant Dudhagara Consultant Rheumatologist, Rajkot
09:25am – 09:45am	Impact of lifestyle changes in Osteoarthritis of knee, spine and hand	Dr Mouli Madhab Ghatak Consultant Physiatrist, Kolkata
09:50am – 10:10am	Obesity and Osteoarthritis: is there any crosstalk?	Dr. Vinod Ravindran Secretary, Indian Rheumatology Association
	Session II: Basic Science in osteoarthritis	
10:15am – 10:35am	Silk-Gelatine based Bioink for cartilage regeneration	Dr. Sourav Ghosh Professor, Indian Institute of Technology, New Delhi
10:40am – 11:00am	A disease modifying therapeutic strategy for Osteoarthritis: Developmental biologist's perspective	Dr. Amitabha Bandyopadhyay Professor, Indian Institute of Technology, Kanpur
11:05am – 11:25am	Immune pathways in osteoarthritis	Dr. Amita Aggarwal Head, Clinical Immunology & Rheumatology, SGPGI, Lucknow
	Session III: Intervention in osteoarthritis	
11:30am – 11:50am	Surgery in hip Osteoarthritis: Conventional to Robotic; concepts for physicians	Dr Lalit Maini President, Indian Orthopedics Association
11:55am – 12:15pm	Skeletal biomechanical abnormality in early osteoarthritis of knee	Dr A K Pal HOD, Dept. of Orthopedics, Jalpaiguri Medical College
12:20pm – 12:40pm	Regenerative medicine in osteoarthritis; orthopaedician's perspective	Dr Sharmila Tulpule Orthopaedician and ortho biologist, Dubai
12:45pm – 01:05pm	Mesenchymal cell treatment in advanced OA of knee	Dr Krishna Poddar President. Indian Society for the Study of Pain
01:05pm 01:40pm	Lunch	

	Session IV: Others	
01:40pm – 02:10pm	Medical ethics in Musculoskeletal diseases	Dr. Kiran Seth Secretary SOAR
02:10pm – 02:50pm	Debate : There is little to expect from exercise therapy in osteoarthritis.	For – Dr. Nilesh Nolkha, Consultant Rheumatologist, Mumbai Against– Dr. Khetra Madhab Das, HOD, PMR, Bardhaman Medical College
02:55pm – 03:55pm	Paper presentation	Dr. Dipendra Nath Ghosh Consultant Rheumatologist, IPGME&R, Kolkata
04:00pm – 05:00pm	Quiz	Dr. Pradyot Sinhamahapatra Consultant Rheumatologist, IPGME&R, Kolkata
05:00pm	Valedictory	

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